GfAS

NUTRITIONAL THERAPY FOR INHERITED METABOLIC DISORDERS BETWEEN SCIENCE AND EVERYDAY LIFE

March 02-05, 2027 | Langenbeck-Virchow-Haus, Berlin



40TH ANNUAL CONFERENCE AND SEMINAR

of the Society for Inborn Errors of Metabolism

gfas.de/jahrestagung

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WELCOME

Dear Colleagues,

It is our great pleasure to welcome you to the 40th Annual Conference of the GfAS, taking place in Berlin, Germany.

The theme of the meeting is:

Nutritional Therapy for Inherited Metabolic Disorders between Science and Everyday Life

Nutritional therapy has been one of the cornerstones of treatment for inherited metabolic disorders since the early days of metabolic medicine. Over the past decades, it has evolved from relatively simple dietary interventions into highly specialised, evidence-based therapeutic strategies that support patients throughout their lives.

At the same time, successful nutritional therapy requires more than scientific knowledge. It involves translating biochemical principles, clinical evidence, and therapeutic innovations into practical approaches that can be integrated into everyday life – for patients, families, and healthcare professionals.

The conference will explore the many facets of nutritional therapy: from the historical development of dietary treatment and current disease-specific approaches to new insights into long-term outcomes, quality of life, and the challenges of lifelong management. We will discuss how scientific progress can continue to improve clinical care while keeping the individual needs and experiences of patients at the centre.

As in previous years, the GfAS Annual Conference aims to provide a platform for exchange, discussion, and collaboration across disciplines and generations. We warmly invite colleagues from metabolic medicine, nutritional science, paediatrics, adult medicine, and related fields to join us in Berlin to share experiences, discuss new developments, and shape the future of nutritional therapy together.

An image of the Serles, one of Tyrol's most iconic mountains, accompanies this year's meeting, bringing a small piece of our home region to Berlin. Rising above the Wipp and Stubai valleys, the Serles has inspired generations with its distinctive silhouette and has become a lasting landmark of Tyrol.

We very much look forward to welcoming you to Berlin for an inspiring meeting with fruitful discussions, new insights, and valuable exchanges.

Kind regards,

Daniela Karall

Sabine Scholl-Bürgi

Johannes Zschocke



DANIELA KARALL



SABINE SCHOLL-BÜRGI



JOHANNES ZSCHOCKE



PROGRAMME
WEDNESDAY, MARCH 3

17.00–18.00	**Symposium, Hörsaal**
17.00–18.00	**Symposium, Bernhard von Langenbeck**
18.00–19.00	**Symposium, Hörsaal**
18.00–19.00	**Symposium, Bernhard von Langenbeck**
From 19.00	**Get together, Foyer**

PROGRAMME
THURSDAY, MARCH 4

08.30–10.10	**Current approaches in dietary treatment**
08.30–08.40	From Innsbruck to Berlin *Daniela Karall (Innsbruck, AT), Sabine Scholl-Bürgi (Innsbruck, AT)*
08.40–09.10	From diagnosis to diet: the key role of nutrition *Marjorie Dixon (London, UK)*
09.10–09.40	Protein-based nutrition in ketotic GSDs: emerging concepts and changing paradigms *NN*
09.40–10.10	Ketogenic dietary therapy in IMD other than mitochondriopathies: from biochemistry to bedside *Sabine Scholl-Bürgi (Innsbruck, AT)*
10.10–10.40	**Coffee & tea I Posters I Exhibition**
10.40–12.10	**New approaches in specific inherited metabolic diseases**
10.40–11.10	Diet and beyond: new approaches to the treatment of classical galactosaemia *Estela Rubio Gozalbo (Maastricht, NL)*
11.10–11.40	Nutritional therapy in fatty acid oxidation disorders beyond childhood *Kasper W. ter Horst (Amsterdam, NL)*
11.40–12.10	Dietetic strategies for mitochondrial disorders: matching treatment to disease *Julia Neugebauer (Berlin)*
12.10–13.30	**Lunch I Posters I Exhibition**

PROGRAMME
THURSDAY, MARCH 4

13.30–14.45	**Aspects of experimental dietetics**
13.30–13.55	Microbiota-gut brain axis involvement in inherited metabolic diseases *NN*
13.55–14.20	The role of human milk feeding in IMD: current evidence and future directions *Alexander Höller (Innsbruck, AT)*
14.20–14.45	Potential risks of high-dose vitamin and trace element supplementation *Barbara Plecko (Graz, AT)*
14.45–15.30	**Free communications I**
15.30–16.00	**Coffee & tea I Posters I Exhibition**
16.00–17.00	**Session of the Young Metabolic Society (JSM)**
16.00–16.20	Amino acid supplementation in ars deficiencies *Nicole Hammann (Heidelberg)*
17.00–18.30	**GfAS general assembly**
From 19.30	**GfAS dinner, Museum für Naturkunde**

PROGRAMME
FRIDAY, MARCH 5

08.30–10.00	**Free communications II**
10.00–10.30	**Coffee & tea I Posters I Exhibition**
10.30–12.15	**Challenges in dietary treatment**
10.30–10.50	Beyond clinical outcomes: understanding quality of life from the patient perspective *Maren Thiel (Berlin)*
10.50–11.10	Patient rights and equitable access: legal challenges in the treatment of inherited metabolic disorders *Julian März (Zurich, CH)*
11.10–11.30	Ethical aspects regarding indication and discontinuation of treatment *Hans-Jürgen Christen (Hanover)*
11.30–12.15	**Discussion**
	Der Preis des Erfolgs: Kosten, Belastung und Umsetzung von Therapien bei angeborenen Stoffwechselstörungen *NN*
12.15–12.30	**Farewell**

GENERAL INFORMATION

Organiser
Gesellschaft für Angeborene Stoffwechselstörungen e.V.
c/o Geschäftsstelle der Deutschen Gesellschaft für Kinder- und Jugendmedizin e.V. (DGKJ)
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Venue
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Continuing education credits
Continuing Medical Education (CME):
CME accreditation for the Annual Conference and Seminar will be applied for with the Berlin Medical Association.

Website
More detailed information is available on the website: gfas.de/jahrestagung

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